

LAKE FOREST YACHT CLUB

PORTHOLE NEWS

OCTOBER 1995

Oct. 10	Trustee Meeting, 8 pm	7
Oct. 21	NEW! LFYC Threads & Thrums,	8,
	Sat. Morning Club for women, p. 3	3
Oct. 29	Halloween Party, p. 5	lile

LFYC Office 663-0158

Mon • Tues • Thurs • 8 am to 1 pm • Sat 9 am to noon Mrs. Margaret Dam, Administrative Assistant

BOARD OF TRUSTEES

Glenn DeSantis		ommodore	-3542
Bob Drummond	Se	-0074	
Tom Morris	Tr	-4019	
Bernard Genaud	-4649	Gary Gamble	-3427
Craig Peters	-5120	Bob Luongo	-1793

TRUSTEE COMMITTEE ASSIGNMENTS

BOB DRUMMOND

Land Sale • By-Laws • Insurance

TOM MORRIS

Co-Grounds/Maintenance
Galley • Swim Team
GLENN DESANTIS

Beach • Porthole Welcoming/Membership **GARY GAMBLE**

Social • Safety/Security

BOB LUONGO

Budget • Nominating

BERNARD GENAUD

Co-Grounds/Maint • 5 Year Plan Tennis/Sports/Sailing

CRAIG PETERS

Nursery School • Docks • House Co-Grounds/Maintenance

House Chairman - Grace Bacorn -2944 • Nursery School Chairman - Dori Russo -3128 Swim Team - Marlene Genaud -4649, Tom Faruolo -2166 Security - to report trespassers • in case of emergency • call Jeff. Twp. Police 697-1300

The Porthole is published by MG LaserPublishing 663-4649

BABYSITTERS

completed Red Cross Babysitting Course	age	phone	name ·	completed Red Cross Babysitting Course	age	phone
yes	17	-1493	Maggie Sinclair	yes	17	-1346
yes	. 16	-0632	Erika Faruolo	yes	15	-2166
yes	16	-0641	Lisa Greene	yes	15	-1128
yes	18	-1703	Robyn Faruolo	yes	14	-2166
yes	17	-0478	Randy Leach		17	-1703
yes	15	-3082	Suzy Sinclair	yes	16	-1346
yes	14	-1703	Lydia Oser	yes	15	-5820
	Babysiting Course yes yes yes yes yes yes yes yes	Babysitting Course yes 17 yes 16 yes 16 yes 18 yes 17 yes 15	yes 16 -0632 yes 16 -0641 yes 18 -1703 yes 17 -0478 yes 15 -3082	Babysitting Course yes '17 -1493 Maggie Sinclair yes 16 -0632 Erika Faruolo yes 16 -0641 Lisa Greene yes 18 -1703 Robyn Faruolo yes 17 -0478 Randy Leach yes 15 -3082 Suzy Sinclair	yes 16 -0632 Erika Faruolo yes yes 16 -0641 Lisa Greene yes yes 18 -1703 Robyn Faruolo yes yes 17 -0478 Randy Leach - yes 15 -3082 Suzy Sinclair yes	Babysitting Course yes 17 -1493 Maggie Sinclair yes 17 yes 16 -0632 Erika Faruolo yes 15 yes 16 -0641 Lisa Greene yes 15 yes 18 -1703 Robyn Faruolo yes 14 yes 17 -0478 Randy Leach - 17 yes 15 -3082 Suzy Sinclair yes 16

BABYSITTERS! The Babysitters List will start from scratch with the Sept. issue. To be included leave your name, age, phone, Red Cross? on the answering machine 663-4649 before Sept. 1. (Membership required.)

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COMMODORE'S MESSAGE

Dear Members.

The End-of-the-Summer Beach Party was a ruccess with 150+ attendees, representing a wide spectrum of our membership, who enjoyed the sand, sun, food, karaoke, conversation, and fun with their neighbors.

With the enthusiasm and participation the Club enjoyed this summer a decision has been reached to have Kathy DeSena continue to plan social activities during the fall, winter and spring. Activities will be planned for both the kids and adults. Most will be held at the Club although Kathy has some thoughts for off-site as well. I am confident the program will enhance the utilization of the facility and be enjoyed by even more of our members throughout the year.

Glenn DeSantis, Commodore

GIRL SCOUTS HOLD GARAGE SALE

Girl Scout Troop 983 garage sale Saturday, Oct. 21 — held at the regular Flea Market, Fireman's Field, Rt. 15. This is also the special Crafts Weekend at the Flea Market. The oop is still looking for donations, call Janet Pilewski -3804 if you have toys, household items, clothing ...anything. This is a fundraiser for a horseback riding weekend the girls are planning in the Spring.

CUB SCOUTS PLAN SPAGHETTI DINNER

Cub Scout Pack #111 is planning a spaghetti dinner at Fire Co. #2's Firehouse on Rt. 15 south. The dinner, which will include spaghetti, meatball, salad, bread and a beverage will be on Nov. 11 from 5-8 PM. For more information call Joyce Bethune -5358.

SR. CITIZENS REMINDER

LFYC Members should please remember to inform the LFYC office when they turn 65—LFYC dues are frozen at the then current rate.

LFYC TRUSTEE

Nominations to Close

Members who would like to submit their names for nomination to the Lake Forest Yacht Club Board of Trustees should contact the office.

Lake Forest Threads & Thrums

Come sit a spell, have a cup of tea and work on an unfinished project. Pull out that long uncompleted quilt or Christmas stocking, dust off that needlepoint piece or bicentennial eagle, update your address book, photo journal or holiday card list. Come one, come all—ADULTS ONLY—Tea, coffee, help and advice if you need it. Call Janet Pilewski (3804) and let her know if you're interested and will be able to drop in on OCTOBER 21, anytime between 9 AM and 1 PM.

'96 Entertainment Books Available Now

The Junior Woman's Club of Milton is selling *Entertainment '96* coupon books for \$40 as a fundraiser to benefit local charities. Discounts for restaurants, movies, live theater, sporting events, children's activities and airline/hotel reservations are included. Call Rae 697-56234 or Carol 697-0441 to order.

They're Ba-a-a-a-ack Bear Sightings

Everyone is excited and on the look-out! A bear — or bears—has been sighted in the neighborhood & surrounding communities. It's a thrill to

see such a large example of the wildlife we know is out there just beyond our mowed lawns—but please remember bears are wild animals, and powerful ones at that. Enjoy a glimpse of them as they amble through the area but don't indulge your fascination with a hand-out. You or someone else down the line may suffer dearly for encouraging that animal to frequent our yards in search of handouts. And in the end that bear will pay the ultimate price.

With the incidence of rabies rather high at this time the less contact with our local mammals the better for your health, and peace of mind.

Congratulations Amanda

Four-year old Amanda
Ashworth of Lake
Forest was crowned
Little Miss Sunshine
during the annual Lake
Hopatcong Little Miss
and Mister competition
sponsored by the Lake
Hopatcong Area Business Association
(LHABA). She received
a certificate of participation, flowers and a
bag of goodies from
area businesses.



LFYC TRUSTEE MEETING MINUTES

office for a complete set.

Sept. 19, 1995
(The following minutes have been synopsized. See Margaret Dam at the LFYC

Swim Team Members of the Board of the Lake Forest Swim Team met with Trustees to review the team's past five years at Lake Forest as provided for in the original agreement with LFYC. The 2 boards discussed operations membership, scheduling, storage & responsibilities, and both noted the asset that LFST has become to the club and community. Trustees voted unanimously to accord LFST the same status as the LF Nursery School in its relationship to the Club. (A copy of the LFST by-laws is available from the swim team or at the LFYC office.)

Water Aerobics Janet Pilewski ran program this summer at cost of \$260. Participants would like to see program expended. Trustees unanimously agreed.

Dues No increase in dues this year. Dues for members reaching age 65 will be frozen at '94-'95 rate: \$240/2 voting, \$179/1 voting; provided office is informed by member at age 65.

continued on page 11

OCTOBER CLINICS Jefferson Township Health Dept.

Minnisink Road • Jefferson Township

Mobile Mammography Unit - Mammograms..... Oct. 27, 9 AM - 5 PM

May not have had mammogram in past 22 months.

May not have had previous breast surgery.

Ages 30-24 must have physician's note. Prior films required (bring along or mail)

Medicare, Medicaid, NJ & NY Blue Cross: bring valid insurance card. All other .. insurance, payment expected at time of mammography

Appointment required. Call 663-0700, Mon - Fri 9-3pm.

Fee: \$79.

THE SPINE: KEY TO YOUR HEALTH



*American Journal of Pain Management Vol. 4, No. 1, January 1994

The spine is the key to the body's sustained good health according to researchers* and posture is a window to the health of the spine. The importance of posture should never be minimized. A recent study on posture concluded that, "Posture affects all human function... from breathing to thinking."* In order to make more people aware of the importance of the spine and posture and to introduce new families to the many benefits of chiropractic care, we offer a FREE spinal health class every Wednesday at 7 PM in our office.

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FOR SALE White-Westinghouse washer & dryer, stackable, \$250 or best offer, call Angela 5424

FOR SALE Pursuit Life Cycle, track 4 program, orig \$495, asking \$275, call Betty 4753

FOR SALE Kenmoregas grill, push-button start, asking \$30, call Betty 4753 **FOR SALE** '90, 20 ft. Celebrity w/cuddy cabin, 260 hp Mercruiser I/O-low hours, '92 Sea Lion trailer w/brakes, excellent condition, asking \$12,000, call Mac 212-338-3301

FOR SALE '95 MasterCraft boat, trailer, cover; fuel injection, power slot, high output, low mileage, \$23,500, call Jim or Pat -1335

FOR SALE girls 20" Ross bicycle, purple, hand & foot brakes, new condition, \$75, call Betty -5120

FOR SALE DP2000 Fitness Pac—includes weights, bench, pulleys, exc. condition, \$100, call Dave or Bonny -3088

FOR SALE 14 ft. '81 O'Day Javelin day sailboat, fiberglass hull, main & jib sails, trailer, good cond, asking \$500, call Bernard -4649

FOR SALE camera, collectible Argus C-44, 50mm lens, good working condition, asking \$25 or best offer, call Dave -3088

FOR SALE b/w TV \$10, captain-style (2 drawers underneath) single bed \$25, loveseat \$20, 39 gal. fish tank \$75, 10 gal. fish tank \$25, Avon Christmas plates 1973 thru 1984 \$10/each, call Joyce 2016

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SOLD BEFORE AD HAS RUN 3 TIMES. THANK YOU.



New Social/Activities Director Position Approved Kathy DeSena Continues Fun Summer Programs Year-Round

If you've had a chance to read the this issue's LFYC Minutes (or do you read the *Porthole* like kids want to eat dinner: dessert first, veggies later) then you already know that the Trustees have created a new paid position: Social/Activities Director, to plan and oversee an event for members each month—alternating children's and adult's events.

Kathy's all ready with plans starting with a Children's Halloween Party this month (see page 5 for details). A November Kids Movie Night will invitethem to come with a blanket and pillow and snuggle in for some big screen fun. (Nov. 11, 7-9pm). And then in December (still not into the alternating months—adults/children mode...) a Kids Only Holiday Crafts is planned from 3 to 5 PM on the 3rd. Finally, on Dec. 31 Kathy has planned a gala dinner/party to welcome in the New Year—for adults only!

Adults will get back-to-back events come January when Kathy has some Super Bowl plans in the works, and she's sure to be on track as she makes plans for Feb. through June (when the Beach Opening/Summer Sign-Up Bar-B-Q launches a whole different season). Good Luck, Kathy. We're looking forward to all the fun you have up your sleeve for LFYC children, families and adults!

Minutes continued from page 4

Budget Trustee Luongo submitted proposed budget to Board, after some changes it was adopted. (Copy available in Club office.)

Trustee Nominations The nominating committee submitted the following nominees for Trustee for the term '96-'97: Jeff Bessemer, Richard Stafford, Robert Drummond.

Recreation Trustees discussed hiring Kathy DeSena as a Social/Activities director to plan and oversee one function per month alternating between a children's and an adult activity. Commodore DeSantis proposed allotting 30 hours for each group for fall and winter. Budgeted \$1600, to cover all expenses although much to be recouped through attendance fees. Golf Outing was a success with 47 golfers.

Maintenance/Facilities Galley and outside water to be winterized. Cleaning service hired for galley area winterizing. Light in parking lot in storage, not yet installed. Air conditioner for office will be purchased & installed by next season.

Tennis Trustee Genaud will purchase replacement net.

Docks Dock Master Garland will attend Oct. Trustee Mtg. for seasonal discussion.

Master Lease Arrears of 3 years of more automatically turned over to attorney for collection at end of fiscal year. Admin. Asst. Margaret Dam will send explanatory/

warning letters to arrears: avoid attorney fees if Master Lease is paid immediately.

Trustees present: DeSantis, Drummond, Morris, Peters, Luongo, Genaud. Next mtg Oct. 10, 8 PM...

DENTISTRY

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