

LAKE FOREST YACHT CLUB

P O R T H O L E • N E W S

MARCH 1990

March 6 - Curbside Recycling

March 11 - Champagne Brunch, see p. 15

March 20 - Curbside Recycling

March 24 - Magic Show, see p. 6

LFYC Office • 663-0158

Mrs. Margaret Dam, Administrative Assistant

Mo • Tu • Th 8 am - 1 pm Sa 9am - noon

READY REFERENCE

Board of Trustees

Andy Bethune		Commodore	-5358
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Steve Levinson	-1383	Greg Plifka	-1333

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House Chairman - Grace Bacorn -2944 • Nursery School Chairman - Carol Bashant -3082
Security to report trespassers • in case of emergency • call Jeff. Twp. Police 697-1300

The PORTHOLE is published by G&G Keyboarding 663-4646

BABYSITTERS

name	completed Red Cross Babysitting Course	age	phone	name	completed Red Cross Babysitting Course	age	phone
Jessica Mills	yes	12	-4516	Dawn Standfast	yes	13	-4078
Evan Genaud	yes	14	-4649	Jeremy Bailer	-	13	-0641
Deryn Schiff	-	18	-3327	Liz Moore	yes	12	-1493
Nicole Nielson	yes	14	-3623	Cara Leach	yes	12	-1703
Josh Bailer	-	15	-0641	Amy Hendricksen	yes	12	-1844
Caroline Bradley	yes	17	-2639				



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* MARCH feature
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COMMODORE'S MESSAGE

(Sorry! No Commodore's Message this month. The Commodore was out of town at the time of printing.)

L.F. NURSERY SCHOOL NewsFlash!

ATTENTION MOMS & DADS! Registration for the 1990-1991 school year will take place at the Yacht Club on Tuesday, March 6 at 7:00 pm. Classes are filling up quickly! Please be sure to register on time to guarantee a place for your child.

Turn off those Saturday morning cartoons and come enjoy the magic of Mr. Joe Fischer. Nursery School is sponsoring this popular magician on Saturday, March 24, 10:00 am at the Yacht Club. Bring family and friends. Tickets are \$1 per person with a maximum family price of \$4. Refreshments for the children will be provided after the show.

JUNIOR WOMEN'S CLUB OF MILTON

On Friday, March 16th the Jr. Woman's Club of Milton will host a Fish Fry at the American Legion Post on Legion Rd. The Argyle Restaurant of Kearny will be cooking fresh fish to serve

with french fries, cole slaw, soda, coffee or tea & dessert. Dinners will be served between 5:30 and 7:30 pm. Take-out will be available. Prices are \$7.00 for adults, \$4.00 for children. For tickets & info call 697-7943 or 697-9117. All proceeds will benefit the Jefferson Knights Committee for the Teen Recreation Center.

On March 23 at 10:00 am the Jr. Woman's Club of Milton & Milton Tri-School PTA are co-sponsoring a puppet show entitled "Don't Waste A Minute-Recycle" by the Peppermint Playhouse Puppeteers at Cozy Lake School. The show will be repeated at White Rock School at 1 pm.

The Easter Bunny is sending Bunny Letters this year through the Jr. Woman's Club of Milton. Send \$1.00 plus a large self-addressed, stamped envelope for each child, to Jr. Woman's Club of Milton, PO Box 401, Oak Ridge, NJ 07438. Each letter written by the Easter Bunny will be personalized with child's name and include a surprise. All requests must be post-marked no later than April 7th.

THANK YOU LFYC

Kim Volpe has sent a thank you note to the Lake Forest membership "for the beautiful flowers and get well wishes" she received during her recent illness.

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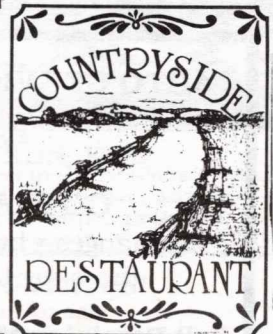
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MINUTES OF TRUSTEES MEETING FEBRUARY 13, 1990

(This is a synopsis version. Complete minutes are available at the LFYC office)

INSURANCE All information has been sent to the Olympic Insurance Associates, Inc. for a quote on liability insurance. As yet, no answer has been received.

SECURITY The lock on the gate is missing--the 4th lock to be broken or taken. The Trustees feel that the gate should be locked to secure Club property for member use only. An explanatory notice about the problem & new locks will be put in the Porthole.

GALLEY One person has already responded, although the period to consider applications to run the galley will run for a month or so more. The County College will be contacted to see if they have program to take it on as a business project. Another possibility is that the band group from Jefferson might run it as a fundraiser.

MAINTENANCE The oil in the heating oil tank is being removed by Wayne Cornelius. The buildings, including the Galley, need to be sand blasted and painted. Estimates are being obtained for the job. The Clubhouse roof has some shingles coming off. The roofer was called and he said it was due to a manufacturer defect. Margaret will check to see what will be done. Some water has come up through the floor in the foyer of the Clubhouse. This was probably caused by heavy rains and the snow which was against the building. The piano in the Clubhouse will be discarded on Clean-up Day if no one asks to have it before then. The concrete box which housed the bubbler system will be removed on Clean-up Day. The lawn will be maintained at the same cost as last year. The plumber will be asked to fix the faucets in the Clubhouse when he comes to turn on the water for the season. He will also snake out the sink in the Galley.

BEACH The cost for weed treatment by Allied Biological is \$667.80. Alternate treatments will be investigated, as the weeds were bad last year even after the weed treatment. A suggestion was made that the liner we already own should be put down on the lake bottom to aid in keeping weeds down. The swim curtain should be installed separately from Clean-up Day as it is a big job. The geese remain a problem, with no solution at this time.

SWIMMING POOL The costs related to installing a swimming pool are prohibitive.

MEETING DATES The Semi-Annual Meeting will be May 18 and Clean-up Day for May 19. The Clean-Up date is subject to change according to the Municipal clean-up date.

SIGN The 4 inch letters are no longer available. We will use 3 inch letters instead. The sign should be ready next week.

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THAR'S GOLD IN THEM HILLS

(What You'll Say If You Have to Replace Your Septic System)
TAKING CARE OF YOUR SEPTIC SYSTEM

The purpose of a septic tank is primarily to condition household wastes, including water from the laundry and the bath, discarded food scraps, and body wastes, so that it may be more readily percolated into the subsoil of the ground.

When septic tank systems are improperly designed or maintained, liquid wastes may overflow to the ground surface or plumbing in the home may stop-up. In addition to the acute inconvenience and offensive odors these overflows create a health hazard. Sewage may contain dysentery, infectious hepatitis, typhoid and para-typhoid or other infectious disease organisms.

A common cause of septic woes is homeowners with individual sewerage systems who often don't know the first thing about maintaining these systems.

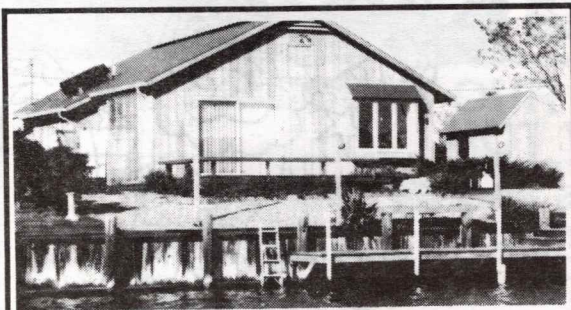
The first important principle is to limit the quantity of water flowing into the system. Every flush of a toilet uses approximately 5 gallons. Have leaky

faucets fixed as soon as possible. Don't do all of your laundry in one day; space out the washing over the week. Be especially stingy when heavy rains or melting snows saturate the ground, reducing its ability to drain away waste water.

Secondly nothing should enter the septic tank that isn't biodegradable. The plastic in disposable diapers, sand from a cat box, filters from cigarettes, sanitary napkins, paper towels, and so forth should be kept out of the septic tank. Be careful of what chemicals you pour down the drain. While the moderate use of disinfectants and bleaches has been found to do little harm, the salt solution used to recharge water softeners should be piped to a special seepage pit, because salty water is a chemical that can shorten the life of a drainage field. Photographic and other toxic chemicals should never go down the drain. Flushing caustic chemicals into a septic tank to soften solids is a worse practice. The chemicals

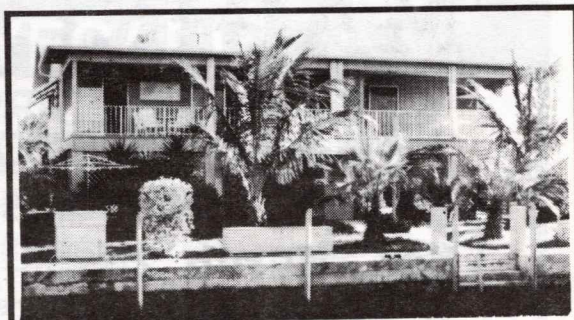
continued on p. 13

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DANCE . . . IT'S NOT JUST FOR GIRLS

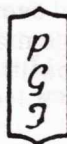
The majority of dance classes today consist mostly of girls, and when it comes to our boys, well, dance class doesn't usually come to mind.

However, ballet is not just a feminine art. Actually it began as a masculine art and remains today a manly and fine art for boys. As anyone who has seen a ballet performance knows, there is nothing more thrilling than the performance of a fine male dancer.

Ballet requires the strength of an athlete, but is twice as difficult as athletics because the strength must be concealed by smoothness of movement. In fact many coaches are sending their basketball and football team members to ballet classes to learn coordination. Famous boxing stars have studied ballet to improve their

footwork. If your son wants to develop a strong, healthy body, good physical and mental coordination, (and appreciation of music to boot)- get him started in a dance class!

This column brought to you by JoAnn Matthias of Let's Dance Studio.



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LAKE FOREST NURSERY SCHOOL
INVITES

LFYC Members & Guests
to a

MAGIC SHOW

featuring magician, Joe Fisher

Sat. March 24
10:00 am

Lake Forest Clubhouse

\$1.00 per person
\$4/max. family price

Refreshments provided



Jefferson Consolidated PTA

TRICKY TRAY

Stanlick School • Lake Shawnee

Friday • March 16 *

Door Opens 6:30 pm

Drawing Begins 8:00 pm

Admission \$3.00

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* snow date March 22

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When the weather doesn't cooperate, an event depending on a certain condition of weather, is doomed. Organizers of the 1st Annual Winter Festival at Hopatcong State Park put in a valiant effort . . .

Some Lake Forest residents contributed their skills: Boy Scouts Alex Genaud (hanging, top left), Adam Mahler & Ryan Getchis (doing can-can) and Evan Genaud and Bryan Mahler (bottom right) stand on and around their sturdy lashed tower.



Below a Siberian Husky team strains to begin a shortened race course at the Winter Festival on Feb. 17.





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Drawing Starts 7:30 pm

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Eula Zulaus 663-2178 or Helen Boyd 663-4663

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MARCH 16 & 17

BOCK BEER FESTIVAL

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PERSONALS & CLASSIFIEDS

Personal/Classified advertising is printed as a free service for LFYC members. Advertising is accepted on a space available basis and will be included for 3 consecutive months. After the initial 3 month period, an ad may be renewed by calling 663-4646.

FOR SALE Culligan Mark II Water Softener, ex. condition, asking \$300, call Steve for discount-1383

FOR SALE 14 ft Fabuglas boat, 75 hp Johnson motor w/trailer, \$1,100, call Ralph-1975 or -2915

WANTED Individuals to join local friendly Fri. night poker group. Leave yr name & phone number w/Margaret-LFYC office -0158, someone will phone w/details

FOR SALE D.P. 1500 Home Gym - like new \$90., call Kim or Rob -3240

FOR SALE Upright Cunningham piano. Good condition. Great beginner piano, \$400, call -1703

WANTED TO BUY Used Sunfish or similar boat in good condition. Call -1703

FOR SALE 18 ft. fiberglass runabout w/accessories, 70 hp Evinrude, stainless steel prop, trailer incl, all rollers galvanized, Caulkins, asking \$2,000., call Dave -3088

WANTED babysitter for 3 & 7 year old, 3 days/wk, over summer, call Colleen -2605
FREE LFYC piano to anyone willing to take it away, call Margaret -0158

DO YOU NEED A PET WATCHER or walker for all animals? Well, if you do, call "Cara's Pet Saver Service" at 663-1703



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... Businesses of Lake Forest

G & G Keyboarding & Desktop Publishing was launched in 1989 by Liz Greene and Marlene Genaud who wanted to branch out with the publishing skills they'd gleaned from their years at Family Leisure Times, a monthly arts and entertainment newspaper for Morris County families.

Presently G & G publishes the PORTHOLE and contracts for special projects such as corporate brochures, marketing forms, school introductory packages, and other newsletters. G & G also provides fast, efficient service for job resumes, theses, manuscripts and flyers.

Both Liz and Marlene work from the Macintosh Publishing System with a LaserWriter printer, turning out typeset quality copy at an affordable price. For a free price quote on any job call G & G at 663-4646.

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OUR LOCKS ARE MISSING!

Recently LFYC gate locks have turned-up missing or broken. A new lock has been placed on the entrance way and a new combination will be used as of March 12, 1990.

The chain and lock was installed across the entrance to the Clubhouse parking lot a year ago in an attempt to maintain the private nature of the Club property. Any member may have the combination to the lock by calling Margaret at the Club office.

All members should be aware that we all pay for replacement locks.

If you see anyone breaking our locks, please notify the police immediately so that appropriate action can be taken.

LFYC has an ongoing reward system for anyone reporting vandalism of Club property.

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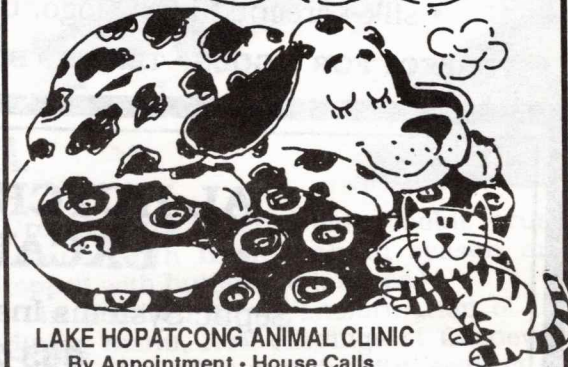
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John P. Batta, DVM

SEPTIC SYSTEMS cont'd from p. 5

soften the solids inside the tank, all right, but the solids then float out into the drainage field and resolidify, clogging the field.

Third on every homeowners list of septic system maintenance should be the regular pumping-out of solid wastes from the tank. A three-year schedule of pumping is optimum. Flushing yeast or store-bought enzymes into your septic tank to aid the bacteria is like pouring money down the drain. None of these products have been found to be of any significant value in improving septic tank performance or preventing failures. Bite the bullet, before system replacement costs take a bite out of your wallet.

- restrict water inflow
- restrict chemical & non-biodegradable in-flow
- regular pump-out schedule

Adapted from the Jefferson Twp. Dept. of Health information flyer on septic systems.

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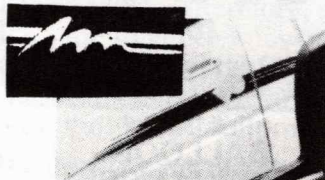
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which they are raised). A favorite of many diners is their grilled Columbia River salmon with wild mushrooms, and patrons will come from far and wide to indulge in their May and June festival of a uniquely delectable fish during the Copper River Salmon Run.

Emphasizing a light cuisine for today's healthier lifestyles Chef Villa offers culinary pleasures from France,

Italy, California, Tex-Mex, Louisiana Cajun and the Orient. Their Pasta Menu of all homemade pastas includes Black Lobster Ravioli (black pasta made from natural squid dye with vodka and a fresh tomato cream sauce). While other regular menu items include Pecan Chicken, Cajun Salmon and a variety of veal sautees.

Sous Chef Mike Ventura, also a Culinary Institute of America grad is also in charge of the dessert menu and is proud (and renowned) for such delicacies as Apple Tulip (a vanilla wafer with vanilla ice cream and sauteed apples, garnished with fresh strawberries, an apple jack sauce and whipped cream), Vanilla Taco (a taco shaped vanilla wafer filled with white chocolate mousse, fresh fruit, strawberry sauce and a chocolate signature) and Ice



Cream Pizza (a chocolate cookie crust, layered with fresh fruit in season and topped with butterscotch sauce.)

In addition to a transformation of the dining menu, new offerings at Carnevale include their banquet facility (seating up to 140) and The Comedy Cellar, where top name national comedians are featured on Saturday nights. Showtime at the Comedy Cellar is 10:00 pm (priority seating is given to dinner guests). Entertainers change weekly, so always call for details. Every Thursday beginning March 1 Carnevale will feature amateur talent--an open mike is available for amateur singers, comedians, whatever. You must sign up by 8:30 pm to participate, show time is 9:00 pm and admission is free. There is a weekly cash prize for winners.

SARAH M. CORAGGIO

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SAVE YOUR VISION WEEK - March 4 to 10

The Honorable James J. Florio, Governor of New Jersey, has proclaimed March 4 to 10, 1990, as "Save Your Vision Week". Dr. Bradford R. Ripps will offer a free cataract and glaucoma screening in his office in Jefferson Township to all senior citizens to help celebrate. Dr. Ripps, a member of the New Jersey Optometric Association, states that cataracts and glaucoma often affect the senior citizen population and that early detection is valuable in treatment. The New Jersey Optometric Association provides this screening statewide in the offices of participating Doctors of Optometry.

Cataracts are a clouding of the lens within the eye which causes a painless gradual decrease in vision. An improvement of close vision for someone previously farsighted may also indicate a cataract. Cataracts can be monitored and new lenses prescribed to give the best

possible vision. If cataracts are surgically removed, lens implants, glasses, and contact lenses restore good vision.

Glaucoma is an eye disease in which fluid within the eye builds up. This pressure within the eye damages parts of the eye and can cause gradual blindness if not treated. In most cases of glaucoma there are no symptoms in early stages--not even discomfort. Treatment by drops lowers eye pressure preventing further eye and vision damage. Vision loss from glaucoma cannot be reversed by drops however, and so early diagnosis and treatment is important.

Medicare covers for services by a Doctor of Optometry whenever there is an eye health problem or symptom. Senior citizens can call 1-800-648-0368 from March 4 to 10 to find a member doctor of the New Jersey Optometric Association who provides this screening as a free public service.

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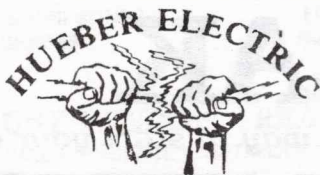
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